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Don't Fear, Get Your Vaccine!

(Winter Haven, FL) – Central Florida Health Care is encouraging those not vaccinated for COVID-19 to get the shot! President Biden has called for a National Month of Action to get 70-percent of U.S. adults at least one shot by July 4th. A new campaign called, "We Can Do This," is in full swing to encourage more vaccinations and mobilize grassroots vaccine education and outreach efforts. As of May 27, 2021, nearly 133 million people in the U.S. are now fully vaccinated.

So why do you need a COVID-19 vaccine? For one, it's working. It is mitigating the risk of contracting the virus. According to the Centers for Disease Control and Prevention, COVID-19 cases and deaths in the U.S. have dropped to their lowest levels in nearly a year. Recent national data shows positive test are less than 3-percent.

All COVID-19 vaccines have shown to be safe and effective, plus those in development are being carefully evaluated in clinical trials. Experts believe the vaccine will keep you from getting seriously ill, even if you get the virus. None of the vaccines contain the live virus and cannot make you sick with COVID-19.

Dr. Cara Nelson-James, Chief Medical Officer of Central Florida Health Care says, " Getting vaccinated may protect the people around you because fully vaccinated people are less likely to be infected without showing symptoms (called an asymptomatic infection) and potentially less likely to spread the virus to others."

Central Florida Health Care is here to meet your health needs! If you aren't able get to one of our locations, we have a mobile unit making stops in the communities we serve. The shots are free, and the procedure is simple and quick. To schedule your vaccine today, you can reach us at 866-234-8534.